

2<sup>nd</sup> International Conference on Public Mental Health & Neurosciences was held on 9-10 December 2015. This event is Jointly organized by Sarvasumana Association and Azyme Biosciences Pvt. Ltd. in collaboration with Jyoti Nivas College Autonomous Bengaluru. IEEE EMB Bengaluru Chapter and IEEE EMB MSRIT Student Chapter are technical sponsors of this event. We are highly thankful to IEEE who gave us permission to use their logo (called master brand) in the last week. We are highly thankful to IAN (Indian Academy of Neuroscience) who, too, in the last week permitted to use their logo in our conference certificate. Our heartening thanks goes to Karnataka Medical Council who approved our conference.

Sarvasumana, a family comprising of professionals, working in the fields of Public health, mental health, Medical and health sciences and neurosciences.

We started our conference ICPMN -2015 at the dawn of 9<sup>th</sup>. The programme was started with the lightening the lamp followed prayer song by JNC students. With the prayer song we had our President message welcoming the delegates. This was following by message by Principal of JNC. Dr. V. Ravi, HOD, Neuro-virology, NIMHANS, our chief guest gave the keynote. The JNC students made the inauguration function glorious by their invocation song and dance.

Technical session was started by Plenary mental health session. Dr. CR Chandrashekhara Public Mental Health Issues in India- Challenges and Remedies followed by talk on Past, Present and Future of Public Mental Health by Dr Sharmitha Krishnamurthy. Biotechnology plenary session followed with talk by Dr. CR. Kameshwar Rao.

Post lunch we had combined oral session on Biotechnology, Biomedical sciences and ethno-medicine. Dr. Kameshwar Rao chaired the session. This was followed by oral session on mental health. Along with the above session we had parallel session on suicide gatekeeper training by Dr. Mohan Sunil Kumar. This session aimed at reducing suicide in young generation, cope up

with stressful life and have a blessed life. This was followed by a special session of our online magazine “Manahsakshi”. Combined poster sessions were arranged.

Arrangement of cultural events was a unique part of our conference. We thank the participants from JNC, Yakshagana, Kathalaya team & Sri Raksha for making the event a grand success.

The dawn of today was started by Medicine & Public Health Session with Dr. Lokesh Babu Charing the session. Dr. Lokesh Babu’s talk was on Depression, Dr. Satish’s on Sleep Disorders & Dr. Dharav Shah’s on “Common Causes Of Emotional Distress In Our Society, Which People Find Difficult To Deal With”.

Our Neuroscience session was Chaired by Dr. Pankaj Seth. Dr. Pankaj Seth spoke on “Human Neural Stem Cells As A Window In To Healthy And Diseased Brain”. This was followed by talk on Bioinformatics by Dr. Anghshuman Bagchi. This was followed by talk on neuroscience by Dr. Ashish A Deshmukh.

We had a parallel session on Epilepsy and Neuroradiology.

We are have budding researchers with us. Presentations like “The fatal epidemic anxiety”, “Inclination towards Social Networking Sites and its effect on Self-esteem, Attachment style and various Personality facets: a comparative study between male and female Undergraduate students of Kolkata”, “Seeking help in an online support group: An analysis” and “Determination of potential phytochemical inhibitors for ndm-1 using different docking algorithms”.

We had 12 oral presentations on mental health, 13 on oral public health, 7 on bioinformatics and neuroscience, 9 on Biotechnology & biomedical science with ethnomedicine and 12 poster presentations. We had 2 creative articles.

